Heart ATTACK!


Lonely? Heart broken? Well, don’t just sit there feeling sorry for yourself. It’s time to reach out your heart and grab some love!

Suggestion: First try to fold yourself a Frog’s Tongue (Spring 98 BARF) before trying to make yourself have a Heart ATTACK.

Begin with 3” by 11” rectangle of cardstock. Valley-fold and unfold in half the long way. Turn over.

Valley-fold the corners together so that they slightly overlap.

Valley-fold and unfold, reversing the existing crease. Repeat steps 1-2 ten times, so that the crease is completely androgenous.

Turn over.

Valley-fold.

Squash!

Repeat steps 5-6 on the left side.

Turn over.
Like this. View explosion imminent...

ExploDED view.

Mountain-fold. To do this you have to release paper from underneath the valley fold made in the last step and tuck it behind the heart.

Mountain fold, folding behind as much flap as you can.

Make the crevice in the heart with two tiny mountain folds.

Finish off the heart by rounding it to taste with mountain folds. View implosion imminent...

Mountain-fold the right half behind.

Valley fold the tip of the heart to just past the upper left corner of the model. If you are not using duo-colored paper, you can fold it exactly to the corner.
The Heart Attack is prepared and ready to execute. Hold the outer-most layer between your thumb and index finger where the black dot is. Hold the same on the back side with the other hand. Say to your victim, “I would like you to examine this model very closely...” When the target of your victim comes within range, abruptly pull your hands apart and say, “I’m so sorry! But, in your presence, I simply can’t control my heart.”

Make the indicated folds along the existing creases.

**IMPORTANT:** Do not alter the angle of these creases. They need to be slightly slanted, NOT horizontal. To make the finished model extend further, reverse each fold back and forth several times, thereby loosening the hinges.